

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

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THE MOST HOLY BODY & BLOOD OF CHRIST

While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body." - Mk 14:22

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA Wanganella St and White St, Balgowlah 2093

> MASS: Wednesday, 9am Sunday, 9am

BAPTISM: Sunday, 10.30am 1st Sundays of the month (within the 9am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you. RECONCILIATION: Saturday, 5.00 to 5.45pm Church of St. Kieran

YOUTH MASS: 2nd Sundays of the month during the school term.

WEDDING: Require six months notice and include Pre-Marriage Course as part of the preparation. **1st Reading** Exodus 24:3-8 Covenant between God and the Israelites is sealed in blood.

RESPONSORIAL PSALM Ps 115:12-13. 15-18. R. v.13 I will take the cup of salvation, and call on the name of the Lord.

> **2ND READING** Hebrews 9:11-15 The blood of Christ purifies us.

Gospel Acclamation John 6:51-52 Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live forever. Alleluia!

GOSPEL Mark 14:12-16, 22-26 Jesus took bread, broke it and shared it.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS: Monday, Tuesday, Thursday, Friday*, Saturday, 8.30am Saturday (Vigil), 5.30pm Sunday, 7.30am, 9.30am, 5pm

* Adoration to the Blessed Sacrament after Mass on Fridays.

BAPTISM: Sunday, 11.30am 1st Sundays of the month (within the 9.30am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WHY DO WE DO THAT? Catholic Life Explained

Question:

What are the "fruits" of holy Communion?

Answer:

The Eucharist, like all sacraments, offers its own unique grace. We receive a special share in God's life that helps us in our faith journey. We are given all we need to sustain and nurture our relationship with God. The Eucharist is the source and summit of the Christian life. Everything we are and everything we hope to become is found in this sacrament. It is essential to the life of the church, to each member of the church. Without it, there is no church. The Eucharist is the centre of our spiritual life and has enormous effects on our growth, our holiness, and our way of life.

The fruits of holy Communion are the benefits one receives from the sacrament. These fruits of holy Communion are discussed in the catechism in the article on the Eucharist. The primary benefit is union with Christ. We become one with him sacramentally, just as we hope to become one with him for eternity. The Eucharist also separates us from sin, both past and future. It forgives the venial sins of the past and, by the love we receive, protects us from mortal sin in the future. The church community is also unified and strengthened by the Eucharist. It unites us to the poor and offers the pledge of eternal life.

* WELCOME TO NORTH HARBOUR

- YOU ARE INVITED

- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH

Gean me

- OFFICE@NHCATHOLIC.ORG.AU 2 KING STREET, MANLY VALE 2093 NSW
- WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- (02) 9949 4455

BRINGING HOME THE GOSPEL

I have a great love for symmetry, and so I enjoy looking at trees and knowing that the branches that stretch to the sky have roots digging deep into the earth. In most healthy trees, the roots mirror the branches digging down, as far out and wide as the branches above them. People are very similar. If we hope to be healthy and whole, we need to be equally balanced, firmly rooted in the concrete reality of our lives while reaching out in the uncertainty of faith for all that is and can be.

We reach out, stretching for God, offering praise and seeking answers, but if we aren't firmly rooted in the ordinary things of our life, we're going to fall over. At the same time, we will be pretty shallow people if we live out our days stuck in the earth without constantly stretching toward our life source.

That's why the sacraments are such a perfect gift. The church celebrates seven different ways we can reach out for God's grace and receive God's life through ordinary physical things. Each sacrament has its own concrete sign, something that we can see, hear and feel that not only reminds us of the grace we receive in the sacrament, but also provides it.

The Blessed Sacrament is God's supreme gift. I become one with the Body of Christ in the very concrete signs of the faithful assembled, the Word broken open, the priest and, most especially, the blessed bread and wine; I share in Jesus' divinity just as he shared in my humanity. Jesus, you see, was the first and greatest sacrament—a concrete sign that God's life was with us and in us.

In a sense, everything visible is a kind of sacrament. Even the trees I so love are signs of God's love inviting

us to love God in return.

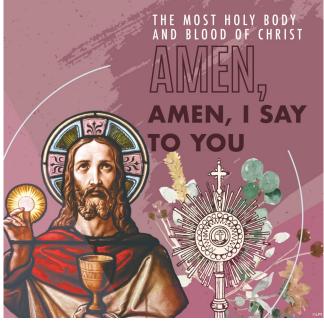
FAMILY RESPONSE:

Ask each person to look around the room and find something that reminds them of themselves. Share your responses.

PERSONAL RESPONSE:

How do you best relate to Jesus? What is your relationship to Jesus in the Eucharist?

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WEEKLY SOCIAL JUSTICE CHALLENGES

The Feast of the Body and Blood of Christ is a powerful reminder of Jesus' life, death and resurrection. We celebrate the gift of the Eucharist, the sacrament in which each of us is nourished and sent forth. This day reminds us that we don't do things on our own power - but from



strength gained from the Eucharist. Before Jesus died, he asked his disciples if they could drink from the cup. He was asking if they were willing to endure what might come if they chose to feed the hungry, give drink to the thirsty, heal the sick and blind and set captives free. They said YES. The Body and Blood of Jesus is a gift to us, yet it is a challenge too. Ask yourself this week, "How does the Eucharist nourish and strengthen me? How am I being sent like the disciples? To whom am I being sent?" Reflect on how you have responded to these questions in the past. What will your response be from now on?

CARE FOR CREATION TIPS

"While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, 'Take; this is my body.'" - Mark 14:22.

So many of us take bread for granted, forgetting about the miracle of leavening and making bread from scratch. In honour of today's feast, bake some homemade bread this week. As you roll up your sleeves and go to work, reflect on the source of the ingredients and the value of making things for yourself rather than buying them in plastic from a big box store.

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PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange the receiving sacraments, contact Parish Office.

SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS: PARISH OFFICE—9949 4455

AFTER HOURS: (Evenings & Weekends) 0490 898 464



WELCOME OUR NEWLY BAPTISED.

Charles Joseph Son of Mitchell & Katherine



PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Margaret Moses, Greg Hyde, Yvonne Taylor, Qing Tong Zhang

RECENTLY DECEASED: Greg Keogh, Colleen Maher

ANNIVERSARIES:

Michael Williamson, Tom Treston, Wallace Moses

Our community would love to pray for you. If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

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PARISH & DIOCESAN NEWS AND NOTICES

ANOINTING

OF THE SICK

WED 5 JUNE ST KIERAN'S CHURCH

followed by a sausage sizzle

& light refreshments

ΠНЕ

2 JUNE, 9AM

23 JUNE, 5PM



2 June 2024

PARISH & DIOCESAN NEWS AND NOTICES



12.30pm - St Cecilia's Church (School Mass)



esus

SATURDAY 8 JUNE The Immaculate Heart of Mary

> 8.30am Mass at St Kieran's Church

SATURDAY, JUNE 22ND, 2:30PM @ PARISH CENTRE ALL WELCOME

Come and get to know more about this great saint and how his words and example resonate in our world today.

Bring a plate to contribute to the table and a heart open to the inspiration of our honoured quest. Your host will be Fr. Paul osa.



ST KIERAN'S SCHOOL NEWS

Family Mass

Thank you to Father Jojo for presiding at our Family Mass on Sunday as well as the music provided by Victoria and the Childrens choir. The Mass was hosted by Stage 3, and we welcomed children in attendance receiving their prayer cards in preparation for their First Holy communion. The Pizza dinner afterwards was a great way to end the weekend.



Sharing the Gospel

Jesus broke the bread and said, "This is my body." Then he held up the cup of wine and said, "This is my blood." During Mass the priest says the same words: "This is my body. This is my blood." Through the prayer, the bread and wine are changed into the body and blood of Christ. When you eat the body and blood of Christ, it gives you the power to say "No," to evil.

Prayer

Jesus, please bless everything I eat and drink.

Mission

I will share a can of my favourite soup with the hungry.

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The care and protection o children, young people and adults involved in Church activities is the responsibility of everyone who participates in the is everyone's responsibility LIFE of the Church.



Pentecost Sunday

Sunday May 19, was Pentecost. Students learnt about Pentecost from Father Jojo when he visited all classes last Thursday and with their teachers through their RE lessons. We celebrated Pentecost—the "birthday of the Christian church" with a touch of red on Friday and a special Family Mass and Fun Fair hosted by the parish on Sunday.

Cross Country

On Tuesday May 21, 6 St Kieran's students made their way to Gosford to compete in the Broken Bay Championships. They did a wonderful job representing the Northern beaches team and St Kieran's - well done!

COLOR

Read the Gospel of the week and color the image.



2 June 2024

SAFEGUARDING



Lord, my God, I am helpless and poor, but You are generous to all who call upon You, and You take complete care of us. Guard my lips, both those of my body and those of my mind, from any rashness and from any lie.

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Confessions 11, 2

- St. Augustine of Hippo

NEXT WEEKEND (9 JUNE): 10TH SUNDAY IN ORDINARY TIME, YEAR B

1st READING Genesis 3:9-15 Adam and Eve are banished from the Garden of Eden.

RESPONSORIAL PSALM Ps 129. R. v.7 With the Lord there is mercy and fullness of redemption.

2ND **READING** 2 Corinthians 4:13-5:1 We have a dwelling in heaven.

GOSPEL ACCLAMATION John 12:31. 32 Alleluia, alleluia! The prince of this world will now be cast out, and when I am lifted up from the earth I will draw all to myself, says the Lord. Alleluia!

GOSPEL Mark 3:20-35 Those who do the will of God are family to Jesus.

8 JUNE, 5.30PM	9 JUNE, 7.30AM	9 JUNE, 9AM	9 JUNE, 9.30AM	9 JUNE, 5PM
ST KIERAN'S	ST KIERAN'S	ST CECILIA'S	ST KIERAN'S	ST KIERAN'S
<i>Senior Server</i>	Senior Server	<i>Senior Server</i>	<i>Senior Server</i>	<i>Senior Server</i>
Louise	Joseph	Ilde	Catherine	Claire-Louise
Readers Bob John	Readers Judith Jenny	<i>Readers</i> Ana Stephanie	Readers Terry TBA	Readers Youth
<i>Music</i>	Music	Music	Music	<i>Music</i>
Parish Choir	None	Kevin M	Anushka	Vicky & Choir
Communion Min	Communion Min	Communion Min	Communion Min	<i>Communion Min</i>
Volunteer needed	Volunteer needed	Volunteer needed	Volunteer needed	Volunteer needed
Powerpoint	Powerpoint	Powerpoint	<i>Powerpoint</i>	<i>Powerpoint</i>
Volunteer needed	Volunteer needed	Volunteer needed	Volunteer needed	Volunteer needed
<i>Welcomers</i>	<i>Welcomers</i>	Welcomers	<i>Welcomers</i>	<i>Welcomers</i>
Volunteers needed	Volunteers needed	Maria	Volunteers needed	Volunteers needed

OBSERVANCES FOR THE WEEK OF 2 JUNE

Sts Charles Lwanga and companions, martyrs
Tuesday of the 9th Week in Ordinary Time, Year II
St Boniface, bishop and martyr
Thursday of the 9th Week in Ordinary Time, Year II
The Most Sacred Heart of Jesus
The Immaculate Heart of the Blessed Virgin Mary

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians		Catholic Diocese of Broken Bay	www.bbcatholic.org.au			
Parish Office	2 King Street, MANLY VALE 2093 NSW AUSTRAL P 02 9949 4455 E office@nhcatholic.org.au		narbour			
Office Hours	9.00am to 4pm (Tuesday to Friday)					
Parish Churches	Church of St CeciliaWanganella St and WhiteChurch of St Kieran2 King St, Manly Vale 209					
Parish Staff	Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.auAsst Priest: Fr Paul Maloney, OSA E osaoffice@osa.org.auAsst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.auAsst Priest: Fr John Zhang E jzhang@nhcatholic.org.auParish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu)Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.auMedia & Communications: Sophie Boffa E comms@nhcatholic.org.auMusic Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.auYouth & Children's Choir: Victoria Merillo E choir@nhcatholic.org.auAugustinian Brother: Van Tu Nguyen, OSA E tunguyen@osa.org.au					
Resident Priests	Fr Minh-Tan Hoang, OSA E minhtanhoang@y Fr Peter Jones, OSA E peter.jones@osa.org.au Fr Abel van der Veer, OSA E vabelvanderveer Fr Senan Ward, OSA E senanward@bigpond.c	ı (Prior Provincial) @gmail.com (Retired)	llege, Brookvale)			

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B.Bus, J.P

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Principal: Ms Anna Marsella

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CATHOLIC SCHOOLS BROKEN BAY **Co-educational Pathways**

Catholic Feeder School For St Paul's Catholic College, Manly

North Harbour PARISH





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